

AWAKENING

WEEK 3 ACTIVITIES

SUDS

HOW TO READ
GOD'S WORD

(S) SEE IT

First, you need to make time every day to read your bible. **Take time to SEE IT.**

(U) UNDERSTAND IT

Take time to UNDERSTAND IT. Know what God is saying to you in that verse. If you don't understand it, ask God to show you. Your parents can help too!

(D) DO IT

Once you see it and understand it, now you need to do it. Make a choice every day to **DO IT.**

(S) SHARE IT

SHARE IT with your friends and family so they can learn what you learned. Encourage them to read it too!

NUGGET

"¹⁶When you go without eating, do not look gloomy like those who only pretend to be holy. They make their faces very sad. They want to show people they are fasting... ¹⁷But when you go without eating, put olive oil on your head. Wash your face. ¹⁸Then others will not know that you are fasting. Only your Father, who can't be seen, will know it. He will reward you. Your Father sees what is done secretly." Read Matt 6:16-18 (NirV)

Here's the rest of last week's nugget: When you fast, do it for God, not for anybody else. By now, you've noticed that when you fast and pray you feel a little different. You don't feel the same as other people who are just going along with their day. You probably find yourself wanting to tell other people what's going on. You want to tell people that you are feeling more "spiritually stoked" than ever before. Right? And that's awesome! It's OK to share your faith with people!

Just remember: we are sacrificing food to honor God. It's not so that we can look cool or super-spiritual. We don't fast so that other people will look at us and say, "WHOA!" We fast for an audience of One: our Father in Heaven. This verse says that God KNOWS you are fasting, even if nobody else does! And, He's storing up a reward for you! Keep God the focus of your fasting, and you will stay right on target with Him!

RESPONSE

What is one thing you are praying for during our fast? Write about it or draw a picture of it here:

SWEET FACTOID

In the medieval Christian Church (think "knights and castles"), every Friday was considered a fast day and it commemorated the death of Jesus.



THIS WEEK

Check your fasting calendar every night before you go to bed, so you'll know what you are doing the next day.

Read your daily Bible reading with your parents, using SUDS. Check off your reading each day. Bring your bookmark back to church on Sunday for a treasure box pull!

Pray: remember to check your calendar for our weekly prayer list.

AWAKENING ACTIVITIES - APPLY WHAT YOU'VE LEARNED!

WHAT ARE YOU PRAYING FOR?

Can you think of someone or something for each letter of the word **AWAKENING**...

A _____
W _____
A _____
K _____
E _____
N _____
I _____
N _____
G _____



DOTS AND BOXES

GOAL: Form more boxes than your opponent.

HOW TO PLAY:

1. The first player draws either a horizontal or vertical line to connect two dots.
2. If by drawing this line the player forms a box then he places his initials in the box and gets another turn. Otherwise the turn is passed to your opponent.
3. The winner of the game is the player who has formed the most boxes.

